

# Cascades Membership Rates

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	SINGLE	COUPLE	FAMILY
Monthly	1. £50.00	4. £90.00	7. £130.00
<b>Direct Debit</b>	<b>2. £45.00</b>	<b>5. £81.00</b>	<b>8. £117.00</b>
Paid in Full	3. £495.00	6. £891.00	9. £1287.00
Swim Only	10. £40.00	13. 750.00	16. £100.00
<b>Direct Debit</b>	<b>11. £36.00</b>	<b>14. £63.00</b>	<b>17. £90.00</b>
Paid in Full	12. £396.00	15. £693.00	18. £990.00
Gym Month	19. £40.00	22. £70.00	25. £100.00
<b>Direct Debit</b>	<b>20. £36.00</b>	<b>23. £63.00</b>	<b>26. £90.00</b>
Paid in Full	21. £396.00	24. £693.00	27. £990.00
3 Months	28. £130.00		
Squash Only	29. £30.00		
<b>Direct Debit</b>	<b>30. £27.00</b>		
Paid in Full	31. £297.00		

## SMALL PRINT

- (i) Membership Terms and conditions apply. If you require a copy of these please request a copy from the membership desk.
- (ii) Corporate and short-term other membership types are available. For further information on these please enquire at the membership desk.
- (iii) No inscription fee is applicable to all new members.
- (iv) Family membership is based on 2 adults and 2 children, children classed as 15 and under. Proof of age may be required.
- (v) Couple membership based on joint residency. Proof of joint residency will be required.
- (vi) Various payment methods are available, details provided upon further enquiry.
- (vii) Classes (subjective) are not included in any membership type and are paid for separately.
- (viii) Membership can be frozen if it has been paid in advance on an annual basis. Annual maximum of 1 freeze periods of up to 2 weeks each per member can be requested.
- (ix) Please see all T&Cs on membership form.

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## OPENING TIMES

Monday to Friday: **07.00 – 21.30** (Last Entry 20:45)

Saturday: **07.30 – 20.30** (Last Entry 19:45)

Sunday: **07.30 – 19.30** (Last Entry 18:45)

Use of the squash court and Dance studio (when available) is **free** to members EXCEPT those on a Swim or Gym only membership. All members will be given a 10% discount on all treatments at the Cascades Spa, as well as 10% discount off food and drink at the hotel. Other member benefits may be offered throughout the year.

Trial membership packages are available for all new members.

*Non-member entry for a day pass is £15 per adult for all facilities or £10 for Swim or Gym only. 1/2 price for children under the age of 15 and under 3's are free with a paying adult.*

*Whitewater*  
HOTEL & LEISURE CLUB